

## free hikes

The City of Moreno Valley sponsors hikes to promote awareness and appreciation of trails and hiking opportunities in and around the community. All hikes are free.

Know your capabilities before you participate in a hike. If you need physical assistance, please bring a companion. Make sure to wear a comfortable pair of hiking boots or walking shoes designed for good traction on off-road terrain. Bring water and optional walking stick, sunscreen, and hat as needed. Difficulty levels are as follows: STRENUOUS (stanificant elevation gains: challenging terrain): MODERATE (some elevation gains/ hills); and EASY (basically flat/neighborhood walk).

Get a free hat when you attend three hikes. Trails map available online at www.MoVal.org. For more Information, call 413,3280.

## Saturday, January 25 | 7:30 am

Hike to **Hidden Springs** 

Meet in the parking lot directly in front of Hidden Springs Elementary School, 9801 Hidden Springs Dr., Moreno Valley,

Approximately 4.8 miles

## Saturday, March 28 | 7:30 am

Hike to Olive Mountain stress

Meet in the parking lot of Palm Middle School, 11900 Slawson Ave., Moreno Valley, Approximately 3.8 miles

Saturday, February 29 | 7:30 am

Hike to Lake Perris Moderate

Meet in the parking lot at the front of Ridge Crest Park, 28506 John F. Kennedy Dr., Moreno Valley. Approximately 7.2 miles

## Saturday, April 25 | 7:30 am

Hike to Box Springs M Trail Stranger

Meet in the parking lot at the front of the campus on the west side of Canyon Springs High School, 23100 Cougar Canyon Dr., Moreno Valley. Approximately 4.8 miles